



*Excellence in Academic Achievement*  
Carrizo Springs Consolidated Independent School District

**School Health Advisory Council (SHAC)**

300 North Seventh Street  
Carrizo Springs, Texas 78834  
830.876.3503 x 1205  
Fax 830.876.5174

Kimberly Zamora, R.N.  
District Nurse  
kvzamora@cscisd.net

April - 2023

Dear Parent, Community Member, or District Employee,

On behalf of Carrizo Springs CISD, we would like to thank you for being a member of the CSCISD School Health Advisory Council (SHAC) for the 2022-23 school year. The SHAC is a committee comprised of school employees, parents, and various members of the local business community. The primary goal of the SHAC is to increase student and community awareness of choosing a healthy lifestyle by establishing healthy behaviors and making smart choices to improve overall health and quality of life. This goal centers around the 8 components of coordinated school health as mandated by the state of Texas.

The SHAC will meet 4 times during the year:  
Dates and days (TBA)

We invite you to join us for our SHAC meeting.

When: Monday, April 10, 2023  
2:00 p.m.  
CSCISD Board Room

Please RSVP by e-mail or call (830) 876-3503, ext. 1901

Should you have any questions regarding the SHAC or would like to share information at a meeting, please contact Kimberly Zamora at (830) 876-3503, ext. 1901. Thank you for taking an active role in the students of Carrizo Springs CISD

Sincerely,  
Kimberly V. Zamora  
District Registered Nurse



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*District Nurse*

### School Health Advisory Council (SHAC)

#### Agenda

- I. Welcome/Introductions
- II. Kimberly Zamora – District RN
- III. Chief Hugo Garza – Safety Information
- IV. CSCISD Counselors
- V. Evelyn Castro-Federal Programs Coordinator
- VI. Marta Salazar, RN -Public Health Nurse
- VII. Soila Lara -Outreach Coordinator
- VIII. Rosy De Los Santos-CATCH Program
- IX. Yolanda Samaniego - SFE
- X. District Staff Updates/Trainings
- XI. District policy/concerns
- XII. Upcoming Events